



# An Introductory Guide to School-Based Medicaid Claiming

Your path to optimizing Medicaid reimbursements and compliance

## **go** solutions



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## What is school-based Medicaid claiming?

School-based Medicaid claiming is an ongoing process used to help schools recover a portion of the costs associated with providing healthcare and support services to eligible, Medicaid-enrolled students. This is one small part of the State/Federal Medicaid program which provides health insurance to low-income families.



## The Role of IEPs in Medicaid

An individualized education plan (IEP) outlines the services, modifications, and accommodations needed to support a student who is eligible for special education services. This eligibility may be due to cognitive or developmental delays, ADHD, hearing, vision or speech impairment, etc.

Prior to 2014, school districts could only seek Medicaid reimbursement for eligible services provided to Medicaid-enrolled students with IEPs. State-by-State that guidance has begun to change.

#### Submitting Medicaid claims for Students without IEPs

In 2014, the Federal Government's Centers for Medicare and Medicaid Services (CMS) outlined a ruling that reversed the free care rule. This is often referred to as the "free care policy reversal." While some States are still working to get the infrastructure in place to support this reversal, many others have already begun accepting eligible Medicaid claims for Medicaid-enrolled students *without* an IEP. Check with your State or contact our team to learn how this applies to your district.

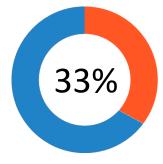
## The Value of School-Based Medicaid Claiming

A research initiative by the <u>Campaign for Educational Equity</u> shows that healthier students are better learners. If your district is already providing the health-related services required to help close the achievement gap, taking advantage of school-based Medicaid claiming can help you recover some of the costs associated with those programs.

### **By-the-Numbers**

School districts across the United States receive a total of about \$4.5 billion in Medicaid reimbursements each year.<sup>1</sup>

> Source: (1) <u>Healthy</u> Schools Campaign Webinar, Dec 2020



One in every three school-aged children is considered Medicaid eligible.<sup>1</sup>



Behind Title I of NCLB and IDEA, Medicaid is the third largest source of funding for school districts.<sup>1</sup>

## Trends in Medicaid in Education



The old saying goes something like "change is the only constant in life." Well, in school-based Medicaid claiming, it's no different. Advances in technology, changes to State and Federal legislation, and macro-environmental factors like the recent COVID-19 pandemic all lead to major shifts and sometimes great opportunities in the services we provide students and how we approach reimbursement for them. Here are a few of the more recent trends impacting school-based Medicaid claiming:

#### Trend #1: More States taking advantage of the Free Care Policy Reversal

While it's been more than 8 years since the Centers for Medicare and Medicaid Services (CMS) outlined a ruling that reversed the free care rule, the benefits are still just being realized in many States. In Arizona, the AZ Health Care Cost Containment System (AHCCCS) predicts 20% growth in school-based Medicaid Claiming for FY22 as a result of their open care transformation. <u>Learn more here</u>.

#### Trend #2: Behavioral Healthcare Services (ABA)

In March 2022, the White House issued a release announcing a strategy for addressing the National Mental Health Crisis. The release discussed the need for connecting more Americans with care including doubling the number of schoolbased mental health professionals and making it easier to seek reimbursement from Medicaid for their services. <u>Read the full release here</u>.

#### Trend #3: Shift towards Virtual Learning/Virtual Services

The recent COVID-19 pandemic caused disruptions in traditional models of care being provided to students in school settings. With the shift from in-person to virtual learning came an accelerated adoption of telehealth services. Many States adapted, and these services are now eligible for Medicaid claiming. <u>Learn more</u>.

## **Billable Services**

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Speech Therapy	Physical Therapy	Occupational Therapy
Personal care	Behavioral & Mental Health	Admin
	Y	Billable Services
Transportation	Nursing & Physical Health	These are just some examples of the billable
		services your district may provide. And remember, when it comes to school-
		based Medicaid claiming, often both the evaluations
What's Billable in my State?		and the treatment are reimbursable. When in doubt, don't miss out. Ask!

From State-to-State, the services you can bill for as part of your school-based Medicaid claiming program can vary. While the Centers for Medicare and Medicaid create policy related to School-based Medicaid Claiming, it's up to each State to implement that policy as they see fit. Check with your State's Department of Education for the specifics! And feel free to reach out to our team any time if you need additional guidance.

## **Optimize Medicaid Reimbursements**

After you implement a process for submitting Medicaid claims for your school district, the next thing you'll want to do is look at how to optimize your reimbursements. You're already providing students with many great health-related services, but are you recovering all of the costs you can?

Here are just 4 ways to help optimize Medicaid reimbursements for your district:

#### **Recovering reimbursements for all** eligible students and services

As we've discussed, this changes from State to State and evolves overtime. However, being unfamiliar with what you can bill for, and which students are eligible might mean you're leaving reimbursement dollars on the table.



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#### Streamline your process with technology

Technology can be a game changer when it comes to optimizing reimbursements. Time-saving features can make it easier for providers to enter services while reports and dashboards can highlight areas of opportunity to administrators and your Medicaid billing team.

**Obtain parental consent** 

Without parental consents, you can't bill Medicaid. Take advantage of new tools for obtaining electronic signatures to streamline this process and enable more billing opportunities.

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#### Be timely with submissions

Submitting Medicaid claims in a timely manner ensures you and your Medicaid billing partner have time to rebill any fixable denials within resubmissions regulations and you can leverage analytics to make informed decisions in real time.

## 3 Ways to Ensure Compliance and Medicaid Audit Readiness

#### 1. Prioritize compliance today

**D**istricts participating in a school-based Medicaid reimbursement program should have well defined processes in place that demonstrate an understanding of Medicaid and State regulations. If that seems overwhelming, seek a Medicaid Billing partner with a compliant software solution and a consultative customer success program. They can act as an extension of your team to help you optimize compliance AND reimbursements.

#### 2. Document, document, document!

One of the most important pieces of being prepared for an audit is having the right documentation. This includes documenting your policies and procedures and ensuring you have systems in place that enable you to capture relevant data in a streamlined, easy to access, easily reportable way. You've put a lot of time and effort in to submitting Medicaid claims and the benefits have been great for your district, you certainly wouldn't want to have to give it back!

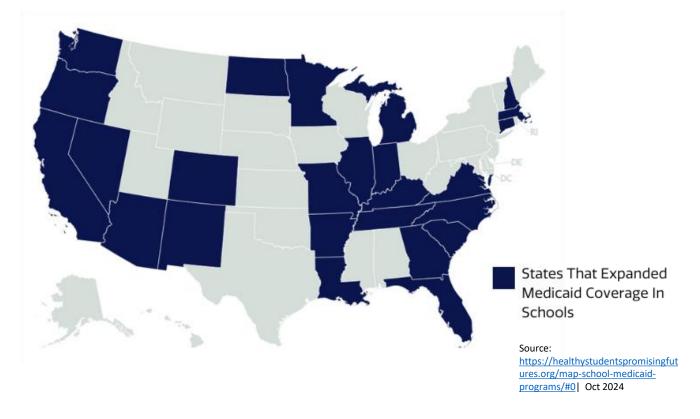
#### 3. Conduct a self-audit to know where you stand

A self-audit is a district-initiated review where you examine the activities related to your Medicaid program. It can be utilized as a means for achieving continuous improvement and optimizing compliance and reimbursement outcomes for your Medicaid program. Self-audits can take courage but welcoming the feedback is key to turning not yet successes into growth.

Try this: select a small subset of services provided over the past month and check to see if (1) the student was in school the date the service was logged, (2) the service matches the students IEP, and (3) the service providers credentials were up-to-date at the time of the service. Most often if something is amiss, it's not malicious but a problem with data entry that can be fixed quickly and easily!

At Go Solutions, our experienced staff routinely helps districts perform risk assessments to define program effectiveness to optimize compliance and reimbursement potential.

## School-based Medicaid in my State?



School-based Medicaid claiming differs from State-to-State. Here are a few common differences you'll want to understand.



#### **Medicaid Eligible Services and Students**

States that have taken advantage of the Free Care policy reversal can submit claims for eligible services provided to *any* Medicaid-enrolled student while others are restricted to only students with an IEP. Additionally, some States bill for services like transportation, nursing, etc. while others do not.

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#### **Supervision and Provider Requirements**

It's important to be familiar with your State's regulations for both supervisor and provider requirements. For example, in some States and for some services, the person administering the services must maintain certain credentials while in others the supervisor's credentials may be satisfactory.



#### **Group Size Limits and Documentation Requirements**

Certain types of Medicaid-eligible services may be provided to a group of students, but that group size and the documentation requirements can vary from State to State.



# The Right Systems to Support You

Getting started with, or taking steps to improve, school-based Medicaid claiming for your district may be easier than you think!

While there are many ways to optimize Medicaid reimbursement, regulation/ process changes and other nuances can make it a bit of a moving target. The right Medicaid billing partner and easy to use technology can act as an extension of your team, helping your district recover costs associated with the services they provide.

#### Key features of school-based Medicaid claiming software



#### Support

Look for a partner that provides both technical support and consultative services to your district



#### **Efficient Tools**

Ask about time saving tools like the ability for providers to save and reuse notes or enter multiple sessions at once

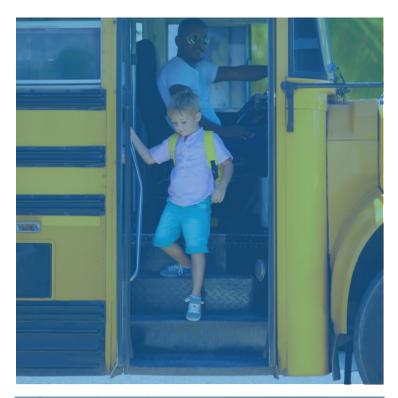
#### Compliance

A system and partner that can help validate compliance can provide you and your team peace of mind

#### Integrations

Another time saver, integrations with an IEP platform or SIS eliminate the need for double data entry

## **Getting started with Medicaid Claims**





Getting started and/or optimizing Medicaid claims may be easier than you think!

#### Who to involve

At a minimum, you'll want to involve your Special Education Director and a Finance leader as you make your first foray into school-based Medicaid claiming. Depending on your State's billable services, you may extend this team to include representatives from nursing, transportation, and providers.

#### Making the case

Use data like the number of students in your district with IEPs and the percent of students on free/reduced lunch to estimate what optimizing your Medicaid claiming program could mean to your district. Add in open/free care and the benefits could be even greater!

#### We're happy to help!

If you have questions about anything presented in this eBook or are interested in better understanding how you can optimize the benefits of a school-based Medicaid program, we're happy to help. No cost. No obligation.

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#### **About Go Solutions**

Go Solutions is committed to empowering school districts across the US with innovative solutions that positively impact student success and their school communities. From intervention to reimbursement and everything in-between our IEP and Medicaid software, and Medicaid billing team help ensure your district is optimizing participation in the State's Medicaid reimbursement program and can continue to provide exceptional experiences for *all* students.

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